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# An $L^p$ inequality for ‘self-reciprocal’ polynomials

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## Abstract

A polynomial  $f$  of degree at most  $n$  is said to be ‘self-reciprocal’ if  $f(z) \equiv z^n f(1/z)$ . In this paper we discuss the growth of the integral means of such polynomials on  $|z| = R$ , as  $R \rightarrow \infty$ .

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**Keywords:** Self-reciprocal polynomials;  $L^p$  inequalities; Integral means

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## 1. Introduction and statement of results

Let  $\mathcal{P}_n$  be the class of all polynomials of degree at most  $n$ . Polynomials  $f$  in  $\mathcal{P}_n$ , which satisfy the condition  $f(z) \equiv z^n f(1/z)$  have been studied since about thirty years (see [1–3], [4, §7.5], [5–8,12], [13, pp. 229–230], [14, pp. 431–432]). Frappier, Rahman and Ruscheweyh [4, p. 96] call such a polynomial ‘self-reciprocal.’ Let  $\wp_n$  denote the sub-class of  $\mathcal{P}_n$  consisting of ‘self-reciprocal’ polynomials. Thus,  $f \in \wp_n$  if and only if  $f \in \mathcal{P}_n$  and  $f(z) \equiv z^n f(1/z)$ . Ostensibly, the identically zero polynomial satisfies these conditions but we exclude it from the class  $\wp_n$ , once for all.

For any entire function  $F$ , let

$$\mathcal{M}_p(F; r) := \left( \frac{1}{2\pi} \int_{-\pi}^{\pi} |F(re^{i\theta})|^p d\theta \right)^{1/p} \quad (0 < p < \infty; r > 0). \quad (1)$$

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It is well known (see, for example, [10, p. 143]) that for any given  $r > 0$ ,

$$\mathcal{M}_p(F; r) \rightarrow \max_{|z|=r} |F(z)| \quad \text{as } p \rightarrow \infty.$$

Hence,

$$M(F; r) := \max_{|z|=r} |F(z)| \quad (r > 0), \quad (2)$$

may be seen as  $\mathcal{M}_\infty(F; r)$ . It is also known (see [10, p. 139]) that for any given  $r > 0$ ,

$$\mathcal{M}_p(F; r) \rightarrow \exp \left( \frac{1}{2\pi} \int_{-\pi}^{\pi} \log |F(re^{i\theta})| d\theta \right) \quad \text{as } p \rightarrow 0.$$

So, we set

$$\mathcal{M}_0(F; r) := \exp \left( \frac{1}{2\pi} \int_{-\pi}^{\pi} \log |F(re^{i\theta})| d\theta \right). \quad (3)$$

When  $F$  is a polynomial, the associated quantity  $\mathcal{M}_0(F; 1)$  is called its *logarithmic Mahler measure*. Let  $F(z) := a_m \prod_{\mu=1}^m (z - z_\mu)$ , and suppose that  $F(0)$  is not zero. Then by Jensen's theorem (see [15, p. 124])

$$\frac{1}{2\pi} \int_{-\pi}^{\pi} \log |F(e^{i\theta})| d\theta = \log \frac{|F(0)|}{\prod_{|z_\mu| < 1} |z_\mu|}.$$

Hence

$$\mathcal{M}_0(F; 1) = \exp \left( \frac{1}{2\pi} \int_{-\pi}^{\pi} \log |F(e^{i\theta})| d\theta \right) = |a_m| \prod_{\mu=1}^m \max\{|z_\mu|, 1\}. \quad (4)$$

Let  $F(z) := z^m \Phi(z)$ , where  $\Phi(0) \neq 0$ . Then  $\mathcal{M}_0(F; 1) = \mathcal{M}_0(\Phi; 1)$ , and (4) applies to  $\Phi$ . Hence, in (4) the restriction ' $F(0) \neq 0$ ' may be dropped, making it a very useful formula.

There exists (see [4, p. 97]) a polynomial  $f \in \wp_n$  such that

$$M(f'; 1) \geq (n-1)M(f; 1). \quad (5)$$

This is probably the most significant fact known about the class  $\wp_n$ . If  $f(z) := \sum_{v=0}^n a_v z^v$  is such that  $a_0 = a_n$  then (see [5, Theorem 2])

$$M(f'; 1) \leq \left( n - \frac{1}{2} + \frac{1}{2(n+1)} \right) M(f; 1). \quad (6)$$

In particular, (6) holds for any  $f \in \wp_n$ . It would be interesting to find the exact value of

$$A_n := \sup\{M(f'; 1) : f \in \wp_n, M(f; 1) = 1\}.$$

For any  $r > 0$ , let

$$B_n(r) := \sup\{M(f; r) : f \in \wp_n, M(f; 1) = 1\}. \quad (7)$$

Clearly,

$$B_n(r) = r^n B_n\left(\frac{1}{r}\right) \quad (r > 0).$$

It may be noted that  $f$  belongs to  $\wp_1$  if and only if  $f(z)$  is a constant multiple of  $z + 1$ , and so  $B_1(R) = (R + 1)/2$  for any  $R > 1$ . Although not trivial, it is known (see [13, pp. 229–230]) that

$$B_2(R) = \frac{R^2 + 1}{2} \quad (R > 1). \quad (8)$$

For any integer  $n \geq 3$ , there exists (see [14, pp. 431–432]) a polynomial  $f \in \wp_n$  such that

$$M(f; R) \geq \frac{R^n + R^{n-2}}{2} M(f; 1) \quad (R > 1),$$

and thus

$$B_n(R) \geq \frac{R^n + R^{n-2}}{2} \quad (R > 1; n = 3, 4, \dots). \quad (9)$$

The reader will find upper bounds for  $B_n(R)$  in [3], but the exact value of  $B_n(R)$  remains unknown for  $n = 3, 4, \dots$ .

Frappier and Rahman [3] also looked for the infimum of  $\frac{M(f; R)}{M(f; 1)}$  over all polynomials  $f$  belonging to  $\wp_n$ . They proved [3, Theorem 9] the following result.

**Theorem A.** *Let*

$$\psi(t) := \frac{1 + 2 \sum_{v=1}^{\infty} t^{-2v^2}}{2 \sum_{v=0}^{\infty} t^{-(2v+1)^2/2}} \quad (t > 1).$$

*Then, for any  $f \in \wp_n$  and any  $R > 1$ , we have*

$$\frac{\mathcal{M}_{\infty}(f; R)}{\mathcal{M}_{\infty}(f; 1)} = \frac{M(f; R)}{M(f; 1)} \geq \begin{cases} R^{n/2} & \text{if } n \text{ is even,} \\ R^{n/2} \psi(R) & \text{if } n \text{ is odd.} \end{cases} \quad (10)$$

Let  $p \in [0, \infty)$  and  $R \in (1, \infty)$  be given. Here, in analogy with Theorem A, we look for the infimum of  $\mathcal{M}_p(f; R)/\mathcal{M}_p(f; 1)$  as  $f$  is allowed to vary in  $\wp_n$ . Our first result deals with the case  $p = 0$ .

**Theorem 1.** *Let  $\mathcal{M}_0(F; r)$  be as in (3). Then, for any  $f \in \wp_n$  and any  $R > 1$ , we have*

$$\mathcal{M}_0(f; R) \geq \mathcal{M}_0(f; 1) \begin{cases} R^{n/2} & \text{if } n \text{ is even,} \\ R^{(n+1)/2} & \text{if } n \text{ is odd.} \end{cases} \quad (11)$$

*The estimate is sharp.*

In the case where  $p \in (0, \infty)$ , we prove the following result.

**Theorem 2.** *For any  $p \in (0, \infty)$ , let  $\mathcal{M}_p(F; r)$  be as in (3). Then, for any  $f \in \wp_n$ , we have*

$$\mathcal{M}_p(f; R) \geq R^{n/2} \mathcal{M}_p(f; 1) \quad (R > 1). \quad (12)$$

*The estimate is sharp for any  $p \in (0, \infty)$  and any  $R > 1$  in the case where  $n$  is even.*

**Remark.** Let  $n$  be odd, and take any polynomial  $f$  belonging to  $\wp_n$ . Then  $g(z) := f(z)/(z + 1)$  is a polynomial of degree  $n - 1$  belonging to  $\wp_{n-1}$ . Applying (12) to  $g$  we see that for  $0 < p < \infty$  and any  $R > 1$ , we have

$$\begin{aligned}\mathcal{M}_p(f; R) &\geq (R-1)\mathcal{M}_p(g; R) \geq (R-1)R^{(n-1)/2}\mathcal{M}_p(g; 1) \\ &\geq \frac{R^{(n+1)/2} - R^{(n-1)/2}}{2} \mathcal{M}_p(f; 1).\end{aligned}$$

Thus, in the case where  $n$  is odd, inequality (12) can be replaced by

$$\mathcal{M}_p(f; R) \geq \max \left\{ R^{n/2}, \frac{R^{(n+1)/2} - R^{(n-1)/2}}{2} \right\} \mathcal{M}_p(f; 1), \quad (12^*)$$

without any hassle. However, (12\*) is not sharp for any  $R > 1$ . The following result contains the precise version of (12\*) for  $p = 2$ .

**Theorem 3.** *Let  $n$  be odd. Then for any  $f \in \wp_n$ , we have*

$$\mathcal{M}_2(f; R) \geq \left( \frac{R^{n+1} + R^{n-1}}{2} \right)^{1/2} \mathcal{M}_2(f; 1) \quad (R > 1). \quad (13)$$

The estimate is sharp for any  $R > 1$ .

## 2. Proofs

**Proof of Theorem 1.** For  $z = -1$  the condition  $f(z) \equiv z^n f(1/z)$  reduces to  $f(-1) = (-1)^n f(-1)$  and so to  $f(-1) = -f(-1)$  if  $n$  is odd. Hence, a polynomial  $f \in \wp_n$  must necessarily vanish at  $-1$  in the case where  $n$  is odd. This fact is to be kept in mind since it makes all the difference when  $n$  is odd.

Since  $f(z) \equiv z^n f(1/z)$ , the multiplicity of any zero the polynomial  $f$  might have at the origin cannot exceed  $n/2$  if  $n$  is even and  $(n-1)/2$  if  $n$  is odd. Hence  $f$  must have the form

$$f(z) := \sum_{v=\ell}^{n-\ell} a_v z^v = z^\ell \sum_{v=\ell}^{n-\ell} a_v z^{v-\ell},$$

where  $a_\ell = a_{n-\ell} \neq 0$  and  $0 \leq \ell \leq n/2$  if  $n$  is even and  $0 \leq \ell \leq (n-1)/2$  if  $n$  is odd. Let  $\varphi(z) := z^{-\ell} f(z)$ .

First let us suppose that  $\varphi(z) \neq 0$  for  $|z| > 1$ . Then, using (4) we see that

$$\mathcal{M}_0(f; 1) = |a_{n-\ell}|.$$

Also  $\varphi(Rz) \neq 0$  for any  $R > 1$ . Hence, again by (4), we have

$$\mathcal{M}_0(f; R) = R^\ell \mathcal{M}_0(\varphi; R) = |a_{n-\ell}| R^{n-\ell} = \mathcal{M}_0(f; 1) R^{n-\ell}.$$

Since

$$\ell \leq \begin{cases} n/2 & \text{if } n \text{ is even,} \\ (n-1)/2 & \text{if } n \text{ is odd,} \end{cases}$$

the desired result holds in this case.

Now, we shall consider the case where  $\varphi$  has some zeros outside the closed unit disk. Let these zeros be  $\{z_j\}_{j=1}^k$ , where each zero is repeated as often as its multiplicity. By (4), we have

$$\mathcal{M}_0(f; 1) = |a_{n-\ell}| \prod_{j=1}^k |z_j|. \quad (14)$$

Since  $f(Rz) = \sum_{v=\ell}^{n-\ell} a_v R^v z^v$ , and  $\{z_j/R\}_{j=1}^k$  are its only zeros whose moduli can be larger than 1, we may once again apply (4) to conclude that

$$\mathcal{M}_0(f; R) = |a_{n-\ell}| R^{n-\ell-k} \prod_{j=1}^k \left( R \cdot \max \left\{ \left| \frac{z_j}{R} \right|, 1 \right\} \right).$$

Now, we observe that  $R \cdot \max\{|z_j/R|, 1\} = R|z_j/R| = |z_j|$  if  $|z_j| \geq R$ , and  $R \cdot \max\{|z_j/R|, 1\} = R > |z_j|$  if  $|z_j| < R$ . Hence,

$$\mathcal{M}_0(f; R) \geq R^{n-\ell-k} \cdot |a_{n-\ell}| \prod_{j=1}^k |z_j|. \quad (15)$$

From (14) and (15) we conclude that

$$\mathcal{M}_0(f; R) \geq R^{n-\ell-k} \cdot \mathcal{M}_0(f; 1).$$

Clearly,

$$\ell + k \leq \begin{cases} n/2 & \text{if } n \text{ is even,} \\ (n-1)/2 & \text{if } n \text{ is odd.} \end{cases}$$

Hence, (11) holds also in the case where  $\varphi$  has some zeros outside the closed unit disk.

Inequality (11) becomes an equality for constant multiples of  $z^{n/2}$  when  $n$  is even and for constant multiples of  $z^{(n-1)/2}(z+1)$  in the case where  $n$  is odd.  $\square$

**Remark.** It seems worth mentioning that there are large classes of polynomials for which equality holds in (11).

First let  $n$  be even and  $\ell$  a non-negative integer not exceeding  $(n/2) - 1$ . For any given  $R > 1$ , let

$$P(z) := \prod_{j=1}^{(n/2)-\ell} (z - z_j) \quad (|z_j| \geq R). \quad (16)$$

Then, for any  $a \neq 0$ , the polynomial  $f(z) := az^\ell P(z)z^{(n/2)-\ell} P(1/z)$  belongs to  $\mathcal{P}_n$ . Its degree is  $n - \ell$ , its highest coefficient is  $a \prod_{j=1}^{(n/2)-\ell} (-z_j)$  and its zeros that lie outside the unit disk are  $z_1, \dots, z_{(n/2)-\ell}$ . Hence

$$\mathcal{M}_0(f; 1) = |a| \prod_{j=1}^{(n/2)-\ell} |z_j|^2.$$

Now note that the highest coefficient of  $f(Rz)$  is  $aR^{n-\ell} \prod_{j=1}^{(n/2)-\ell} (-z_j)$  and its zeros that lie on or outside the unit circle are  $(z_1)/R, \dots, (z_{(n/2)-\ell})/R$ . Consequently

$$\mathcal{M}_0(f; R) = |a| R^{n-\ell} \prod_{j=1}^{(n/2)-\ell} \frac{|z_j|^2}{R},$$

and so

$$\mathcal{M}_0(f; R) = R^{n/2} \mathcal{M}_0(f; 1).$$

Thus we see that, in the case where  $n$  is even, equality holds in (11) not only for constant multiples of  $z^{n/2}$  but also for all polynomials of the form  $f(z) := az^\ell P(z)z^{(n/2)-\ell}P(1/z)$ , where  $P$  is as in (16).

Next, let  $n$  be odd and  $\ell$  a non-negative integer not exceeding  $(n-3)/2$ . For any given  $R > 1$ , let

$$Q(z) := \prod_{j=1}^{\frac{n-1}{2}-\ell} (z - \zeta_j) \quad (|\zeta_j| \geq R). \quad (17)$$

Then, for any  $b \neq 0$ , the polynomial  $f(z) := b(z+1)z^\ell Q(z)z^{\frac{n-1}{2}-\ell}Q(1/z)$  belongs to  $\wp_n$ . Its degree is  $n - \ell$ , its highest coefficient is  $b \prod_{j=1}^{\frac{n-1}{2}-\ell} (-\zeta_j)$  and its zeros that lie on or outside the unit circle are  $\zeta_1, \dots, \zeta_{\frac{n-1}{2}-\ell}$ . Hence

$$\mathcal{M}_0(f; 1) = |b| \prod_{j=1}^{\frac{n-1}{2}-\ell} |\zeta_j|^2.$$

Now note that the highest coefficient of  $f(Rz)$  is  $bR^{n-\ell} \prod_{j=1}^{\frac{n-1}{2}-\ell} (-\zeta_j)$  and its zeros that lie on or outside the unit circle are  $(\zeta_1)/R, \dots, (\zeta_{\frac{n-1}{2}-\ell})/R$ . Consequently

$$\mathcal{M}_0(f; R) = |b|R^{n-\ell} \prod_{j=1}^{\frac{n-1}{2}-\ell} \frac{|\zeta_j|^2}{R},$$

and so

$$\mathcal{M}_0(f; R) = R^{(n+1)/2} \mathcal{M}_0(f; 1).$$

Thus we see that, in the case where  $n$  is odd, equality holds in (11) not only for constant multiples of  $z^{(n-1)/2}(z+1)$  but also for all polynomials of the form  $f(z) := b(z+1)z^\ell Q(z)z^{\frac{n-1}{2}-\ell}Q(1/z)$ , where  $Q$  is as in (17).

**Proof of Theorem 2.** By a classical result of G.H. Hardy (see [9] or [11, pp. 68–69])  $\log \mathcal{M}_p(f; r)$  is a convex function of  $\log r$  for any entire function  $f$ . This means that for  $0 < r_1 < r_2 < r_3 < \infty$ , we have

$$\frac{\log \mathcal{M}_p(f; r_3) - \log \mathcal{M}_p(f; r_2)}{\log r_3 - \log r_2} \geq \frac{\log \mathcal{M}_p(f; r_2) - \log \mathcal{M}_p(f; r_1)}{\log r_2 - \log r_1}.$$

In particular, if  $R > 1$ , then we may take  $r_1 = 1/R$ ,  $r_2 = 1$  and  $r_3 = R$  in this inequality to conclude that

$$\frac{\mathcal{M}_p(f; R)}{\mathcal{M}_p(f; 1)} \geq \frac{\mathcal{M}_p(f; 1)}{\mathcal{M}_p(f; 1/R)}.$$

Thus, for any entire function  $f$ , we have

$$\mathcal{M}_p(f; 1) \leq \sqrt{\mathcal{M}_p(f; R)\mathcal{M}_p(f; 1/R)} \quad (0 < p < \infty; R > 1). \quad (18)$$

In the case where  $f$  belongs to  $\wp_n$ , that is if  $f(z) \equiv z^n f(1/z)$ , then

$$\begin{aligned}\mathcal{M}_p\left(f; \frac{1}{R}\right) &= \left(\frac{1}{2\pi} \int_{-\pi}^{\pi} \left|f\left(\frac{1}{R}e^{i\theta}\right)\right|^p d\theta\right)^{1/p} = \left(\frac{1}{2\pi} \int_{-\pi}^{\pi} \left|\left(\frac{1}{R}e^{i\theta}\right)^n f(Re^{-i\theta})\right|^p d\theta\right)^{1/p} \\ &= \frac{1}{R^n} \mathcal{M}_p(f; R),\end{aligned}$$

and from (18) it follows that

$$\mathcal{M}_p(f; 1) \leq \frac{1}{R^{n/2}} \mathcal{M}_p(f; R) \quad (R > 1).$$

This proves (12).

If  $n$  is even then  $f(z) := z^{n/2}$  is a polynomial belonging to  $\wp_n$  for which (12) becomes an equality.  $\square$

**Proof of Theorem 3.** Note that  $f(z) := \sum_{v=0}^n a_v z^v$  belongs to  $\wp_n$  if and only if  $a_v = a_{n-v}$  for  $v = 0, \dots, n$ . Hence,

$$\begin{aligned}\mathcal{M}_2^2(f; R) &= \sum_{v=0}^n |a_v|^2 R^{2v} = \frac{1}{2} \left( \sum_{v=0}^n |a_v|^2 R^{2v} + \sum_{v=0}^n |a_{n-v}|^2 R^{2v} \right) \\ &= \frac{1}{2} \left( \sum_{v=0}^n |a_v|^2 R^{2v} + \sum_{v=0}^n |a_v|^2 R^{2n-2v} \right) = \frac{1}{2} \sum_{v=0}^n |a_v|^2 (R^{2v} + R^{2n-2v}).\end{aligned}$$

We claim that

$$R^{2v} + R^{2n-2v} \geq R^{n+1} + R^{n-1} \quad (v = 0, \dots, n; R > 1). \quad (19)$$

In fact, (19) can also be written in the form

$$(R^{n+1} - R^{2v})(R^{n-1-2v} - 1) \geq 0,$$

where the factors on the left are both non-negative for  $v = 0, \dots, \frac{n-1}{2}$  and are both non-positive for  $v = \frac{n+1}{2}, \dots, n$ . Hence,

$$\begin{aligned}\mathcal{M}_2^2(f; R) &= \frac{1}{2} \sum_{v=0}^n |a_v|^2 (R^{2v} + R^{2n-2v}) \geq \frac{R^{n+1} + R^{n-1}}{2} \sum_{v=0}^n |a_v|^2 \\ &= \frac{R^{n+1} + R^{n-1}}{2} \mathcal{M}_2^2(f; 1),\end{aligned}$$

which proves (13).

In (13) equality holds for constant multiples of  $z^{(n+1)/2} + z^{(n-1)/2}$ .  $\square$

**Remark.** It is easily checked that for any  $f \in \wp_n$ , we have

$$\mathcal{M}_p(f; r) = r^n \mathcal{M}_p\left(f; \frac{1}{r}\right) \quad (0 < r < \infty; 0 \leq p < \infty).$$

In view of this fact, the lower bounds for  $\frac{\mathcal{M}_p(f; R)}{\mathcal{M}_p(f; 1)}$ ,  $R > 1$  given in Theorems 1–3 imply corresponding lower bounds for  $\frac{\mathcal{M}_p(f; \rho)}{\mathcal{M}_p(f; 1)}$ ,  $0 < \rho < 1$ . Thus, Theorem 1 implies that for any  $f \in \wp_n$  and any  $\rho \in (0, 1)$ , we have

$$\mathcal{M}_0(f; \rho) \geq \mathcal{M}_0(f; 1) \begin{cases} \rho^{n/2} & \text{if } n \text{ is even,} \\ \rho^{(n-1)/2} & \text{if } n \text{ is odd,} \end{cases} \quad (11')$$

and that the estimate is sharp. Analogously, Theorem 2 implies that for any  $f \in \wp_n$  and any  $p \in (0, \infty)$ , we have

$$\mathcal{M}_p(f; \rho) \geq \rho^{n/2} \mathcal{M}_p(f; 1) \quad (0 < \rho < 1), \quad (12')$$

and that the estimate is sharp for any  $p \in (0, \infty)$  and any  $\rho \in (0, 1)$  in the case where  $n$  is even. Similarly, from Theorem 3 it follows that if  $n$  is odd, then for any  $f \in \wp_n$ , we have

$$\mathcal{M}_2(f; \rho) \geq \left( \frac{\rho^{n-1} + \rho^{n+1}}{2} \right)^{1/2} \mathcal{M}_2(f; 1) \quad (0 < \rho < 1), \quad (13')$$

and that the estimate is sharp for any  $\rho \in (0, 1)$ .

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